

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

July/August 2024

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Welcome to the summer edition of the Aire Valley Mag. This magazine has been published continuously for 16 years and in that time has supported thousands of local businesses, tradespeople, sole proprietors, charities, churches, non-profit organisations, festivals, events and scores of individual endeavours. We gladly record the toings and froings of this vibrant and unique community. Our format is rather 'old school' and many readers tell us they appreciate our printed publication as a trusted offline source, like a local word of mouth channel for suppliers, happenings and information. Thank you for using the businesses and service providers in this directory, and for supporting the organisations and individuals raising money for local charities. By spending your money locally you are contributing to the wellbeing of the local economy. Local, Local, and more Local...we can't say it enough; you get the point :) Have a fabulous summer and enjoy all that the Aire Valley has to offer.



Liz Barker, Editor

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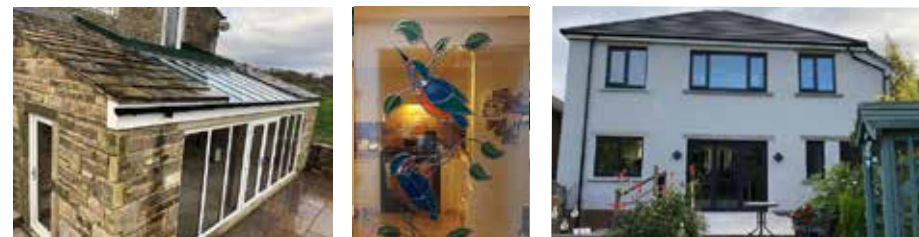


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Starlight Hike

Celebrate the memory of a loved one this October at Starlight Hike. Walk 5k or 10k under the stars while raising vital funds for Sue Ryder to help ensure no one faces death or grief alone.

Saturday 12 October 2024
Oxenhope Railway Station, Oxenhope

Sign up today

scan: the QR code search: 'Starlight Hike Worth Valley'



Sign up by 31 July for Early Bird prices



Supported by **WORTH VALLEY**

Sue Ryder Because no one should face death or grief alone

Sue Ryder is a charity registered in England and Wales (1052076) and in Scotland (SC039578). Ref. No. 07800 © Sue Ryder May 2024. Registered office: Kings House, King Street, Sudbury, Suffolk, CO10 2ED.



UTLEY FUN DAY

Saturday 27th July
10am to 4pm

UTLEY RECREATIONAL GROUND, KEIGHLEY, BD20 6DR

FREE ENTRY

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Saturday 7th September 2024

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Support Sue Ryder, Manorlands: Join the Panto Pony Challenge!



Sue Ryder, Manorlands needs no introduction for most locals, nor does the incredible work they do supporting people and families in times of need. This cause sits close to our hearts, and years ago, we found ourselves becoming the front and back ends of the Sue Ryder, Manorlands Panto-Pony. You may have seen Panto-Pony at local events like the Mascot Gold Cup at Wetherby, Oxenhope Straw Race, Oakworth Gala, various fell races, Park Runs, and, most recently, training for our latest challenge.

Our adventures often start with "I wonder if Panto Pony can...?" and our latest challenge, "**Pier-2-Pier by Panto Pony**," was born from this spirit. We will cycle from Blackpool to Scarborough, covering 167 miles in two days on a tandem bike, dressed as Panto-Pony. Despite having no experience with tandems, we found the perfect one on Facebook Marketplace. Our first ride was wobbly, but we quickly discovered that Panto-Pony could indeed ride a tandem. The smiles and double-takes from passers-by confirmed that this Pony would pedal across the country.

Starting on July 20th, we'll begin our 167-mile journey with our hooves in the Irish Sea at Blackpool. Our route takes us through Lancashire and into Yorkshire, with a long climb over 'the Herders' and down into the Worth Valley. We'll end the first day at Sue Ryder,

Manorlands in Oxenhope with a photo call for our supporters and sponsors.

Day two, July 21st, covers over 100 miles on Yorkshire's hilly roads. We'll start from Sue Ryder, Manorlands, travel through Keighley, Bingley, Shipley, and Leeds, then continue through Tadcaster, York, Malton, and finally descend to Scarborough, ending with our front wheel in the North Sea.

Our goal is to raise £10,000—an ambitious target, but one that equates to just one day of running costs for Sue Ryder, Manorlands. The support and generosity from the Worth and Aire Valley communities have been amazing. The looks of disbelief, waves, smiles, and cheers keep us motivated.

We will continue training up until the challenge weekend. If you see us, shout hello, wave, smile, toot your horn, and share your pictures. Follow us on social media and visit our JustGiving page at justgiving.com/page/pantopony.

Your donations make a real and valuable contribution to the incredible work of Sue Ryder, Manorlands. Let's exceed our target together!

~ Jonathan Binney and Lee Bilbrough



BEHIND THE SCENES AT THE MUSEUM



One of the many things we love about the Museum is our passionate staff and volunteers – and never is that clearer than at our **Thursday Talks**. **Thursday Talks are delivered once a month, at 2pm, in the Old School Room** – and they're free for locals and Museum ticket-holders!

Sue Newby, Learning Officer at the Parsonage, got the ball rolling for the talks: 'They're a nice way to share our knowledge and enthusiasm with visitors and locals', she says, highlighting how presenters include staff members and volunteers from all different departments within the Museum. From 19th-century women's art to Emily Brontë and vampires – the talks span a huge range of subjects, each one chosen by the presenter because they're fascinated by the topic. And that fascination always shines through.

So how does it work?

Here at the Parsonage, members of the team can take a 'library hour' every week and use that to explore our wonderful collection of reading material, spanning literature, local history, and more. This gives everyone the chance, if they want, to research a topic of interest for a future

Thursday Talk, supported by our expert curatorial department.

The talks are a great way for our team to broaden their Brontë knowledge and share their findings with the public. It's a lovely opportunity for audiences to learn something new and ask questions of a presenter who loves their subject. At the heart of it all is our belief that the Brontës are for everyone – and that learning never stops. The fact that, 200 years ago, a local family began a legacy that continues to inspire new interpretation and research is so exciting – and we're proud to have a team of staff and volunteers who want to share this!

18 July: Thursday Talk - Brontë Buildings: Real or Imagined?

15 August: Thursday Talk - 'Unjust! Unjust!' Depictions of Childhood in the Brontës' Writing

12 September: Thursday Talk - From Haworth to Hollywood

Our in-person Thursday Talks are free with entry to the Museum and for residents in BD20, BD21, and BD22. No need to book. They're also repeated online the same day at 7:30pm (booking necessary). Find out more about our upcoming talks at bronte.org.uk/whats-on.

Emily Brontë's Birthday Weekend
26-28 July

Wild poetry
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Illustration workshop
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Crafting 'little books'

Scan to find out more...

Brontë Parsonage MUSEUM

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As we dodge the downpours during June, it's difficult to believe that we are already in what we consider our summer season... but our fingers and everything are crossed as we hope that better weather will stay for at least a few weeks. The weather doesn't affect our passengers, as they can stay warm and dry when travelling in our historic carriages if it's cold or raining, and also enjoy being able to open the windows to get some air when (and if!?) we get to bask in some warmer temperatures. I hope you'll join us on board soon, whatever the weather.

We run trains every weekend throughout the year and then run an extended timetable for the school holidays as we enter summer. In a slight change to our days of operation to previous years, we are running steam-hauled services on Wednesdays and Thursdays through to the end of June and into July, and then start our traditional seven-day-per-week timetable on Monday 22nd July. Full details of the timetable are available on the Railway's website, where you will also find details on how to apply for your Local Resident's Railcard if you live in the BD20/21/22 postcode areas.

Looking along the line, work on the refurbishment of Keighley station continues with our friends at Network Rail. We have now regained full access to our café bar, the Old Parcels Office, at the Keighley

end of the line, and it has a full menu and drinks available. It is open on all operating days and Wednesday-Sunday all year round, with extended opening hours on Friday and Saturday evenings. The menu and opening hours are all on the website. We will shortly be announcing the opening date for the Visitor Centre that we have been establishing in the Water Tower building.

Elsewhere on the railway, we continue to prepare for the replacement of 'Bridge 27', which takes the main line across Bridgehouse Beck at Haworth. You may have seen the work at the end of May as we undertook the next phase of preparations, which takes us a big step closer to being ready for the replacement to occur as planned in autumn. The work is being led and managed - and a lot of it is undertaken by - our team of qualified volunteers, which makes the project's achievement thus far all the more impressive.

Over the summer we will continue to run our programme of events, including the chance to enjoy on-train dining and guided tours, as well as the regular services. I do hope that you will join us on board and also consider joining our group of over 750 volunteers, who do so much to keep the increasingly elderly wheels turning.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

DINING TRAINS



24TH, 25TH & 26TH AUGUST

SUMMER STEAM



20TH JULY TO 1ST SEPTEMBER

VINTAGE TRAINS



JULY & AUGUST

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NOVEMBER & DECEMBER



Use the QR Code for more detailed information, timetables, all the latest news and upcoming events across the railway.

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Keighley Town Council

GUARDHOUSE FUN DAY

Free Entry

Wednesday, 31 July 2024
10am - 4pm
Merlin Top Primary School Field

Play in Parks
Free Face Painting
Free Circus Workshop

Donkey Rides, Giant Inflatable Slides, Charity stalls, Stalls, Food and Drink stalls and so much more!

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THURSDAY 1ST AUGUST
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W/C 3RD AUGUST

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Sunday 14th July 5:00pm

Con Air (1997) 18
Sunday 11th Aug 8:00pm

KEIGHLEY WALKING FESTIVAL

9TH - 22ND SEPTEMBER

KEIGHLEY WALKING FESTIVAL

2024

9TH - 22ND SEPTEMBER

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Who are we?

Our Keighley Denture Expert is Matthew Varley (Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

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The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

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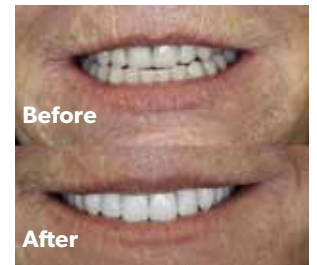
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Grilled aubergine, marinated in honey, miso and soy.



To say I like my barbecue would be an understatement! If we're having guests, I like to offer a couple of vegetarian and vegan dishes too. This is one of my favourites.

Ingredients

- (serves 4)
- 2 medium / large aubergines
- 1 tablespoon white miso paste
- 1 generous tablespoon runny honey
- 1 teaspoon dark soy sauce
- 1 teaspoon toasted sesame oil
- 1 tablespoon sunflower or rapeseed oil
- 1 small bunch of spring onions, finely sliced

Method

Top and tail your aubergines and take a thin

long slice off both sides (essentially remove the skin from two sides) and discard. Now cut each aubergine lengthways into slices resembling steaks, approximately 2cm thick. Get a large bowl, pot or pan, fill with cold water and salt well. Chuck your aubergine slices into the water, put a plate on top with a kitchen weight to keep the aubergine submerged and set aside for 30 minutes or so. This will remove the bitter taste that puts many off aubergine.

Meanwhile make your marinade by combining the remaining ingredients except the spring onion. You may need to add a little warm water to get the right consistency. You may also wish to add slightly more or less honey or miso to get the balance of salt versus sweet to your taste. We're aiming for a similar consistency to double cream.

Remove your aubergine from the water and pat dry with kitchen roll.

Score both sides of each slice with the point of a sharp knife in a crosshatch pattern. Place in a shallow baking tray and pour over your marinade, turning so both sides are well coated. Set aside for an hour whilst you go and light your barbecue and enjoy a glass of something cold!

Once your barbecue grill is good and hot, simply grill the aubergine slices as you would a steak or a burger on the grill rack, timing depends on how hot your barbecue is and how close to the heat you've set your rack. Baste with the marinade as you're cooking. Over a medium to hot heat it should take a couple of minutes a side and should be soft when pricked with a fork.

Remove to a serving plate, pour over a little of the remaining marinade and sprinkle with the spring onion.

I like to serve this with tabouleh or couscous. ~ Martin Lingard

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		2	8			6	4	
	3			4			8	
	9	1		5			6	
7	2		3		1		5	9
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Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right?

This month's prize is donated
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Email your answer including your
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The winner will be selected from all correct
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Last month's competition location was Lund Park in
Keighley and the winner was Jarrod McSharry from
Oakworth.



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COMMUNITY PAGES

Friends of East Riddlesden Hall - meet once a month between Oct and April usually on a Thursday 2pm to 4pm in the Airedale Barn. Contact Secretary on 0771 373 3516 for more details

Every Monday 7 -9 pm Andy's Man Club Project 6, Devonshire Street, Keighley

Fun, friendship and exercise on Every Monday 10am - noon The Drop-In at St James' Hall Cross Roads. Entrance on Albion Street. Call Marion 01535 642028 or 07986762921.

Every Monday to Friday Dementia Friendly Keighley 10am - 4 pm

Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday 10.30am - 12

Dominoes Club at Keighley Civil Centre, Keighley, BD21 3RZ no need to book simply show up and enjoy the game.

Every Tuesday Dementia Friendly Keighley 10am - 12.30 pm Games Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Thurs 11am Age UK Friendship Group meet new friends over a cuppa In the Community Room by the cafe in store at **Morrisons, Keighley** more info email info@ageukbd.org.uk

Every Thursday Dementia Friendly Keighley 1.30 pm - 3.30 pm Crafty Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Thursday Dementia Friendly Keighley 1.30 pm - 3.30 pm Crafty Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every second Saturday of a month 10 - 1pm Riddlesden Green Connection Community Cafe St Mary's Meeting Room, Banks Lane BD20 5PA . Eco liquid refills, book swap and cafe every time.

The Shed Cliffe Castle, Keighley every Tues, Weds & Thurs 10am - 4pm.

Morton WI every second Tuesday evening each month. Social evening with refreshments at **The Institute in East Morton 7:20 pm.** Contact Anne 07968094238

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh.

Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

Every Wednesday 10.30am - 12 Coffee Morning at Laycock Village Hall.

Every Weds 1 - 2.30pm Ladies Dance Exercise at the Civic Centre, Keighley. Meet new friends & Keep Fit

Every Weds Morton Meet and Tiny feet café 2.15-4.15 pm (term time)

in the Morton Memorial Village Institute. Anyone wishing to help volunteer, contact Helen at hells62@live.co.uk

Mondays 1 - 3pm Keighley Tea Dance at the Civic Hall

Every Thursday from 1.30pm Time For Me Bereavement Support Group meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. Further info contact helen.timeforme@gmail.com

Thursday & Fridays 10.30am to 3 pm The Drop-In at The Civic Centre, Keighley. A great place to meet new people, play board games or dabble in arts & crafts.

First Tuesday of each month Walk & Wheel Group 1.30pm meeting at Keighley Leisure Centre outside the main entrance. The session will last approx 60 mins and will be at a relaxing pace.

Sat 13th July 7.30pm Sue Ryder Manorlands Bradford Accordion Band & Hot Aire /Walking on Sunshine Concert Victoria Hall, Hard Ings Road, Keighley BD21 3JN Tickets can be purchased by going to www.hotaire.org

Sun 14th July Car Boot Sale (9am seller or 10am for public) Carlton Keighley (UAK) Greenhead Road, BD20 6EB

Thurs 18th July 10am - 12 FREE Stitching Class at the Bronte Parsonage

Fri 19th until Sun 28th July Haworth Festival Comedy Music Literature Art Dance Culture full details haworthfestival.org.uk

Sun 21st July & 18th Aug Train rides for all the family. Miniature trains running at Marley sports field approx. 12:30 until approx. 17:00. Steam and electric trains providing trips for all ages. Great family afternoon out. **Tues 23rd July 11am - 3pm Play in Parks & Mini Bounce East Morton Rec Free Event** (see p27 for list of all dates, venues)

Weds 24th July 11am - 3pm Play in Parks & Mini Bounce Long Lee Primary School Free Event

Sat 27th July Utley Fun Day 10 am - 4pm at Utley Recreation Ground. Free Entry (see p5 for full details)

Weds 31st July 10am - 4pm Guard House Fun Day at Merlin Top Primary School. Free Entry.

Thurs 1st Aug 10am - 4pm Yorkshire Day by Keighley Town Council FREE event with Inflatables, Circus Shows, Face Painting, Donkey Rides, Birds of Prey Display & lots more **Church Green Car Park, Keighley.**
Sat 10th Aug 11am - 3pm Play in Parks & Mini Bounce Cliffe Castle Free Event.

Sun 11th Aug 10am - 1pm Riddlesden Green Connection Community Cafe Riddlesden Birthday Celebrations Veggie BBQ Family Fun.



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Bee Friendly Keighley

Did you know Keighley Town Council are now Bee Friendly?

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Follow their page to keep up to date with the Council's Bee Friendly activities! Scan here ▶



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